

Insightful and informative

# THE HAMPTON Gazette



VOLUME XLVII No. 9 / OCTOBER 2025

## Municipal Election: Meet the Candidates

### DEMOCRATS

#### BOARD OF SELECTMEN

**Bob Grindle:** Leadership in small town Eastern Connecticut has a lot of different models, and a short drive through our beautiful corner of New England reminds us all of how privileged we are to call this region "Home". After several years as part of Hampton's leadership team, I am proud to point to our well maintained roads and roadsides; the improved, and always improving, condition of our town's public buildings; our increased commitment to preserving open space and to improving the space we have, and certainly to the fiscal prudence that has positioned Hampton well as we look to future challenges. There is a certain "magic" that can occur when public engagement and focused leadership work together to iron out their inevitable differences in order to benefit the community. I think Hampton has been well served by its leadership these past several years and I look forward to continuing to serve.

**John Tillinghast:** I am asking for your vote for a third term as selectman here in Hampton. As a member of the board, I have helped town government improve infrastructure, recreational opportunities, and emergency preparedness. We have also helped the town adapt and react to the changing environment. In the future, we will need to navigate the uncertain future of federally based state funding. I hope to have your continued support in allowing me to help guide Hampton into its future.

**TOWN CLERK Kaye Johnson:** I am pleased to seek re-election as Town Clerk. From land records and vital records to dog licenses and absentee ballots, the Town Clerk's office is a busy and crucial part of town government. This last year I earned designation as a Certified Connecticut Town Clerk and have worked to improve access to the town's historical records. With your vote of support on November 4<sup>th</sup>, I will continue to provide competent and compassionate service to residents and visitors to our beautiful town.

**TOWN TREASURER Ellen Rodriguez:** I have proudly served as Town Treasurer since 1991, bringing over three decades of dedicated experience to the role. My responsibilities include managing payroll, paying bills, overseeing audits, preparing financial reports, attending meetings, and handling all town banking. I am committed to accuracy, accountability, and transparency in managing the towns' finances, and I would be honored to continue serving our community.

**BOARD OF FINANCE Frances Gustavesen:** I am currently an alternate on the Hampton Board of Finance seeking to become an elected member of the Board. Prior to my current career as a Speech and Language Pathologist in educational settings, I served for nine years as a town official in CT responsible for a budget up to \$750,000. I believe these experiences

### REPUBLICANS

**FIRST SELECTMAN: Allan Cahill:** It is a privilege every day to serve the town of Hampton as First Selectman. My ongoing goal is to keep our community safe, sustainably affordable, and protect our quality of life "That is Hampton ". I look forward to collaborating with the State, all Boards and Commissions, neighboring Towns, and the Northeast Council of Governments to keep pace with the escalating costs of running and maintaining Hampton's positive financial position. We live in an evolving, mutating world. It's critical to assess and evaluate all functions and responsibilities of our Town to adequately address the future. Since 2011 I have relied on critical thinking, structural reforms, and the skill sets of all hired, elected, or appointed Town Officials and volunteers to keep Hampton the tranquil haven we aspire to keep. We are fortunate to live here. There is still much to do.

#### BOARD OF SELECTMEN: John Russell

Our family moved to Hampton in 1971. My dad's work brought us here. I attended Parish Hill High School and graduated in 1977. I've served this country from 1977 to 1984 and from 2011 to 2015, coming out of the service in a staff sergeant position. I served on the Board of Education, and attend meetings of the Boards of Finance and Selectmen regularly as well. I'm semi-retired, coming from the construction- transportation field, so I bring a lot to the table with my practical experience and knowledge of the goings on in our town. I am always looking out for the members of our community.

#### TOWN CLERK: Kaye Johnson

I thank the Republican Town Committee for endorsing my candidacy as Town Clerk. From land records and vital records to dog licenses and absentee ballots, the Town Clerk's office is a busy and crucial part of

CANDIDATES, CONTINUED ON PAGE 4



## EDITOR

Dayna McDermott-Arriola

## BOARD OF DIRECTORS

Juan Arriola, Chair

Sulema Perez-Pagan, Secretary

Peter Witkowski, Treasurer

Patricia Boss

Angela Fichter

Diane Gagnon

Laura McCabe

Mary McMillen

June Pawlikowski Miller

## PRODUCTION

Mary Oliver, Art Direction

The Hampton Gazette is published monthly, and as a non-profit 501(c)(3) venture, it is registered with the State of Connecticut and IRS, and is supported by advertising revenues and donations. All contributions are tax-deductible.

**CONTACT INFORMATION** Editorials, articles, calendar or event information, press releases or questions: please email to hamptongazette@yahoo.com in Word format (not pdf) or to Editor, Hampton Gazette, PO Box 101, Hampton, CT 06247, by the 15th of each month. All submissions to the Gazette are subject to editing. The Gazette reserves the right not to accept submissions.

**CIRCULATION** The Hampton Gazette is available online at hamptongazette.com, and in print by request, free of charge, to every home in Hampton. Domestic subscriptions are available by requests at cost; international may be charged extra postage. To subscribe, or receive email notification of the current issue on the Web, contact the Editor at hamptongazette.com

**ADVERTISING** Please contact us by email for advertising policies and rates. Payments should be mailed to PO Box 101, Hampton, CT 06247

## PHOTOS

(jpg high resolution, please) may be emailed to photos@hamptongazette.com

## EDITORIAL POLICIES

Each letter to the Gazette must be signed and include and address & telephone contact for verification. Signing all correspondence to the Gazette is encouraged, but at the request of the writer, a signature may be withheld. Letters written on behalf of an organization require the signature of an authorized spokesperson. All letters submitted to the Gazette are subject to editing and the Gazette reserves the right to reject any or all letters. Readers should be aware that the opinions of individual writers are not necessarily those of the Gazette. The Gazette will not print letters it regards as libelous. Photographs and articles published here are the property of the individual photographer or writer and may not be reproduced without express permission of the contributor.



**THUMBS UP:** to all individuals and organizations who participated in the Fall Festival with fresh vegetables and flowers, music to listen to, good food to indulge in, books, calendars, note cards and art to purchase, pottery and preserves, jewelry, wooden decorations, knitted clothing, historical items and conservation commission plans to investigate, the first ever scarecrow contest and a trip through "town" on the annual hayride. It's your involvement (and this year the most perfect weather!) which makes this such a spectacular community event!

**THUMBS DOWN:** to the perennial problem of speeding vehicles throughout town. A reminder: school is in session and it's Walktober. Please, slow down.



## DEAR EDITOR:

I organized the first Hampton CT Town Wide Yard Sale in June 2022. We had 18 participants including one farm stand. We have grown to 31 participants in 2025, including our library, a local church, our senior citizens, three farm stands, and a winery.

My intentions were to establish and strengthen "Unity in the Community", and to bring outsiders to our lovely Hampton community!

My initial goal was to complete five years of organizing this event, however, because of the growth, community involvement, and success we have seen, I don't want to "give it up"! With such growth comes more responsibilities to maintain and expand that growth.

Therefore, it is with such a grateful heart, and with much excitement and enthusiasm, I would like to announce that the Hampton Recreation Commission will further assist with the Town Wide Yard Sale in 2026! (Friday, June 19 and Saturday, June 20)

If anyone in the community, yard sale participant or not, would like to help, please contact me at: 860-465-9166 (land line). Thank you for your continued support and encouragement!

Sincerely,  
Terri Warner

## TO THE EDITOR:

State laws that govern Municipal Elections limit the amount of seats one political party can hold. Since there are more registered Democrats in our town, theirs is the majority party, which means that candidates endorsed by the Republican Party have been guaranteed a third of the seats on all boards and commissions. This year, multiple unaffiliated candidates might usurp that representation on multiple boards by petitioning onto the ballot.

Petitioning candidate Matt Rivers is opposing Republican Gary DeCesare, a retired attorney, who has served on the Planning and Zoning Commission for nearly 20 years. The PZC has successfully steered our town away from lawsuits that plague other towns with a fair, knowledgeable and experienced team of members and a Town Planner, all of whom will confirm that Gary has been an essential member of that team.



# Vote Republican for our Local Team



**Allan Cahill, First Selectman**  
*Protecting our quality of life*



**John Russell, Selectman**  
*Looking out for members of our Community*



**Kay Johnson, Town Clerk**  
*Providing competent and compassionate service*



**Tim Studer, Board of Education**  
*Cherishing our schools*



**Juan Arriola, Board of Education**  
*Listening to constituents*



**Kathy Donahue, Board of Finance**  
*Staying informed*

## Fiscally Responsible Protectors of the Town Purse

### **Also running:**

Board of Assessment Appeals

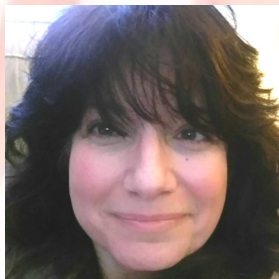
**John Berard**

Zoning Board of Appeals

**Zachary Burdick-Chapel**

Constables

**Wanda Willard & Ralph Brand**



**Laura Barrow, Board of Education**  
*Strengthening ties between schools & parents*



**Jo Freeman, Zoning Board of Appeals**  
*Making unbiased, informed, fair decisions*



**Gary DeCesare**  
Planning & Zoning Commission  
*Safeguarding our Town's rural character*

provided me with the qualifications to be a positive, contributing member of the Board of Finance.

**Kate Donnelly:** Our beautiful community must continue to rise to the challenges that face small towns in Connecticut. We need to be vigilant in maintaining our vibrancy and commitment to all our residents from newborns to seniors. My experiences as a former First Selectman, business owner, former Board of Education member, as well as chair of the Green Energy committee, have given me the insight needed to work with other town boards serving our citizens while maintaining accountability for our finances.

I would appreciate your vote. *Donnelly is also running for the Board of Assessment Appeals*

**BOARD OF EDUCATION Stephanie Bora:** Hampton has been my home since 1994. As a former Hampton Elementary student, a teacher who taught 14 years, a mom of three children who attended our schools, and the current President of Parish Hill High School's PTA, I'm dedicated to ensuring our children receive the quality education they deserve. I've served one year on Hampton Elementary's Board of Education and I am asking for your vote to continue advocating for our amazing school and community.

**Elizabeth Lindorff:** My experiences with the Hampton Elementary School include 11 years as a parent of students, 18 years as the HES art teacher and current member of the Board.

I have seen the school's challenges from many perspectives. My experience has shown me how the arts can support the entire curriculum inherently, as well as through coordination with other staff. School climate is enhanced when parents and kids see student artwork in the hallways. If elected, I promise to be a strong advocate for the arts at HES.

**Herlande Castillo-Reyes:** I recently moved to Hampton and hold a bachelor's degree in Psychology. With a strong passion for education and community development, I am eager to contribute to shaping the future of local schools. Driven by a desire to enhance educational opportunities for all students, I aim to bring a fresh perspective, evidence-based insights, and a commitment to student well-being to the Board of Education. Dedicated to fostering an inclusive and supportive learning environment for every child.

**ZONING BOARD OF APPEALS Marc Cardwell:** I greatly appreciate the lovely environment and strong sense of community that the town of Hampton provides us all. If elected to the Zoning Board of Appeals, I will endeavor to address proposed changes in a way that both protects and enhances the quality of life in our town.

#### PLANNING & ZONING COMMISSION

**Kevin Grindle:** I look forward to continuing to serve Hampton by protecting our rural agricultural character, promoting responsible patterns of development and encouraging land preservation using our Zoning and Subdivision Regulations along with our Plan of Conservation and Development. I bring 25 years of professional consulting to our Commission and am confident that my experience in the fields of landscape architecture, permitting, planning and engineering combined with over two decades of continued service on the PZC provides me with a diverse understanding of the past, present and future goals of this community.

**CONSTABLES: Jeffrey Smith Jr & Adam Sheridan**

#### REPUBLICANS, CONTINUED FROM PAGE 1

town government. This last year I earned designation as a Certified Connecticut Town Clerk and have worked to improve access to the town's historical records. With your vote of support on November 4<sup>th</sup>, I will continue to provide competent and compassionate service to residents and visitors to our beautiful town.

**BOARD OF FINANCE: Kathy Donahue:** I've served on the Finance Board for seven years, the last five as Chairman. I've also served as Vice-Chairman of the school board and on multiple committees, including Ordinances, Human Resources, and Fiscal and Procedure. The BoF is now receiving financial reports from both schools, and I attend their meetings and those of other boards to stay informed, and meet with public officials regularly. I'm a fiscal conservative and work to maintain a reasonable mill rate. I want the BoF to work towards providing detailed budget documents for the schools, available to taxpayers, including historical data and projections of financial revenues and school enrollment.

**BOARD OF EDUCATION: Juan Arriola:** I've served on the school board for six years. During my tenure, I've advocated for following State laws and board policies, for improved academics, and for budgets that taxpayers will pass, often as the lone voice. I've also personally raised funds for Nature's Classroom, and given presentations, upon request, to students on Mexican and Native American heritage. Above all, I listen to my constituents. I ask for your votes, including the seniors', to keep serving the students and the community.

**Laura Barrow:** I've lived in Hampton since 2011 and in Windham county since the 1980's. I have two children, both are Parish Hill graduates. For the last twenty five plus years, I've worked in legal positions for the State; I've also worked for nonprofit programs that serve Hampton. I'm very familiar with the small town values we cherish, including strong family values. The relationship with the school board and parents should reflect those values and strengthen the ties between both; allowing parents to play a big role in their child's educational aspirations is paramount to successful students.

**Tim Studer:** My wife and I have lived in Hampton for around 30 years. I have always thought that our school holds a special place in our community. Though it may be small, the individual attention our children receive from the teachers and staff is something which we need to cherish. I love children and I want our children to have the best opportunity to succeed in life. It would be a great honor for me to serve the community in this manner.

**PLANNING AND ZONING COMMISSION: Gary DeCesare:**

As a member of the Planning and Zoning Commission for multiple terms, my mission is to safeguard our town's cherished rural character and growing small businesses, while staunchly defending the property rights of our tax paying citizens, whose contributions fuel our community's



progress. I firmly believe the Commission's role as a regulatory body is essential, yet I advocate for minimal regulation to preserve our rural identity and uphold ALL individual freedoms. By balancing thoughtful oversight with respect for property owners, we can ensure our town thrives as a vibrant, independent community.

**ZONING BOARD OF APPEALS Zachary Burdick-Chapel:** My experience working as a land surveyor for large engineering firms has provided me with insight towards many regulations that other towns have in place as most of our clients are municipal groups, whether it's small towns or state projects. My experience also includes residential designs for lot layouts, septic designs, and boundaries. I have worked on many projects including utility improvements, boundary disputes, road design, bridge layout and zoning for wetlands and flood zones. **Jo Freeman:** I have been on the Zoning Board of Appeals for four terms and would like to continue to serve Hampton in this capacity. I have always considered each presenting party before the Board with an unbiased, informed and fair decision based on the facts before me. Serving this town has been a pleasure.

**BOARD OF ASSESSMENT APPEALS: John Berard.**

**CONSTABLES: Wanda Willard:** Wanda is seeking a second term in the role of Constable, serving as the Town's first female in this position.

**Ralph Brand:** Familiar to most, Ralph is the Supervisor at the Transfer Station and is hoping to expand his service to the Town.

## PETITIONING CANDIDATES

**BOARD OF EDUCATION AND PLANNING & ZONING COMMISSION:**

**Matt Rivers:** With two children attending HES and an active sponsor of youth programs, I'm deeply invested in our community's growth and success. I run a successful small business, so I understand the importance of fiscal responsibility and smart, strategic planning. My experience in these areas will allow me to advocate for balanced budgets, efficient use of resources, and investments that benefit both our students and our town's long-term development

**Adam Sheridan:** I'm running for the HES Board of Education. A Georgia native with a B.A. in Communications, I'm a proud parent of two HES students. While I support the school's mission, I believe that stronger parental representation is needed, as well as fiscal responsibility and accountability. My father-in-law, Dan Meade, served Hampton with dedication for many years, and I hope to honor his legacy by serving and supporting the continued success of HES.

**Nick Brockett:** I am a lifelong Hampton resident, a former EMS volunteer of nearly 15 years, a youth soccer coach, and a proud parent of two school-age children. I am dedicated to supporting the growth and improvement of our schools in a fiscally responsible manner that benefits all Hampton residents. Strong schools are the foundation of a thriving community, and I will work to ensure ours continues to flourish. Thank you for considering me for the Board of Education.

**CONSTABLE:**

**Patrick Navin:** Fellow Hamptonites, my name is Patrick J. Navin. In 1973 at the age of 18, I became the youngest Constable in the State of Connecticut, nominated by Anna McDermott. I am currently an appointee Constable. As a fourth generation Hamptonite, I feel a special allegiance to my town and its residents, as I am familiar with every nook and cranny. I take this position most seriously. As a Peace Officer in the Town of Hampton, I hope for your consideration.

Rivers is also running against Kathy Donahue, who has served on the Board of Finance for 7 years and has attended almost every meeting of the Boards of Education, gathering information from the State on legislative changes and grants, and meeting with the First Selectman regularly to discuss the Town's finances. Rivers believes that he can fill those shoes, although he has never even attended a meeting of the finance board.

Rivers and two other candidates, Nick Brockett and Adam Sheridan, none of whom have even attended a meeting this year, have petitioned to oppose Republican candidates for the Board of Education: Tim Studer, a parent who has attended almost every meeting this last year, Laura Barrow, an attorney who should be able to provide advice to reduce the exorbitant legal expenses the board has incurred the last few years, and me, a retired teacher of 38 years who has served on the board for the last six.

After the defeat of the RD#11 Referendum this spring, Rivers posted on the Tri-Town Facebook page: "Maybe we need another question to ask the age of voters? I'd be willing to guess 75% of voters that showed up are retired or don't have children in these schools." He also criticized citizens who vote for "people that should have no right to be making decisions for our children's future," and suggested that "the next vote should be for Social Security and Medicare benefits to the people in these small towns. Voter turnout would be record breaking!!!"

While I would encourage younger people to get involved in civic and government organizations, I must say that if senior citizens, those 55 years of age and older, weren't involved, the town's boards and organizations wouldn't be operating.

I urge all citizens, including senior citizens, to continue to exercise their right to participate in government by voting, and by volunteering to serve.

Juan Arriola, *Chairman,*  
*Republican Town Committee*

DEAR EDITOR:

If memory serves me correctly, two years ago three members of the Board of Education, Juan Arriola, John Russell, and I filed a complaint with the Freedom of Information Commission regarding the legality of an executive session. We represented ourselves. The board was represented by their attorney. The hearing officer ruled in our favor. The board's attorney argued

that decision before the Commission, but the Commissioners unanimously upheld the hearing officer's decision. The board's attorney appealed the decision, and still lost. Fighting this single Freedom of Information complaint and decision cost the Hampton taxpayers around \$7000 in legal fees.

The next year, both the Superintendent and Arriola contacted the Commission and two more complaints, again regarding executive sessions, were settled, both in Arriola's favor, without costing the taxpayers a dime.

At a recent board meeting, it was reported that Arriola is being blamed for costing the town legal fees. No. The conduct of the board, resulting in complaints filed with Freedom of Information and the Commission on Human Rights is costing the board, not any of its individual members. In 2023, the board spent about \$18,000 for attorneys to investigate a discrimination grievance that, by policy, was supposed to be resolved by administrators for free.

I, for one, believe that part of the responsibility of a public official is to hold public officials accountable, to expect transparency and to advocate against discrimination whenever it's encountered.

The Freedom of Information and Human Rights Commissions are people's forums. If you don't think they should be used by people, then send a message to your government to get rid of agencies that protect human rights and the public's right to know. But don't blame any board members for exercising their rights granted by State Statutes and the U. S. Constitution.

*Diane Gagnon*

## SAVE THE DATE!

The Providence Mandolin Orchestra will perform on November 16 at the Hampton Community Center at 3PM. The Orchestra performs a wide repertoire of music for its unique instrumentation of mandolins, guitars, and bass. The community-based group, which has been directed by Hampton native Mark Davis since 1989, consists of both amateurs and professional musicians.

The concert is co-sponsored by the Hampton Recreation Commission. Tickets, available at the door, are \$15 for adults, \$10 for seniors, and \$5 for students.

## FROM THE REGISTRARS OF VOTERS

The Registrars of Voters have completed the Preliminary Registry List to be used in the November 4, 2025 Election and removed

electors who have died, become disfranchised, or confirmed in writing a move out of town with a cancellation form or notification from the Department of Motor Vehicles. The names of electors removed since the November, 2024 Election are posted at their office at Town Hall, as well as the remedies for restoration to the list.

Absentee ballots become available at the Office of the Town Clerk beginning on October 3 during regular Town Hall hours. Completed applications and ballots may be mailed, or delivered, to the Town Clerk or placed in the secured deposit box at the top of the ramp at Town Hall.

The Registrars of Voters will hold a registry session on October 17, from 9AM to 8PM in their office at Town Hall for the purpose of registering voters who appear in person. The deadline for mail-in applications is also October 17. Hand-delivered mail-in registration applications must be received by the Registrars of Voters, or a voter registration agency such as the Department of Motor Vehicles, on this date, and mail-in registration applications must be post-marked by this date, in order for applicants to be entitled to participate in the November 4, 2025 Municipal Election.

Early Voting and Same Day Registration will occur on October 20, 21, 22, 23, 24, 25, 26, 27, 29 and 31, and November 1<sup>st</sup> and 2<sup>nd</sup>, between 10AM and 6PM, and on October 28 and 30 from 8AM to 8PM, in the Registrars' Office at Town Hall. Electors may vote during this period, and individuals may register and vote in person if they meet the eligibility requirements of electors.

*Dayna McDermott-Arriola and Sulema Perez-Pagan*

## SENIORS CLUB

The Hampton Seniors first delicious brunch and chocolate bingo, in which the prizes for winning the games were chocolate bars, was a great success and the overwhelming opinion was to do it again in October. It will be held on Wednesday, October 8<sup>th</sup>, so be on the lookout for a notice with details.

On Thursday, September 18, John Fearn from Crossroads Physical Therapy provided an excellent 1.5 hour class on simple self-defense techniques to keep us safer. He also talked about awareness of various situations and ways to prevent situations from escalating.

The very popular watercolor class is returning with Jim as the instructor. It will be held on Thursday mornings beginning on October 2 and continuing to December 18 (October 2, 16, 30, November 6, 20, and December 4 and 18) from 10AM to noon in the upstairs community room at the Town Hall. Flyers will be distributed. In addition, we will be having a FREE presentation on the prevention of falls sponsored by Day Kimball Health at Home and supported by the Senior Resources Agency on Aging. This will take place on Monday, October 20, from 10 to 11AM in the upstairs community room of the Town Hall.

The Seniors luncheon will be held on Friday, October 24, at 12:30PM. As always, if you would like additional information about any of our activities or would like to join the Seniors Club, do not hesitate to contact us at hamptonseniors01@gmail.com or Box 184, Hampton, CT 06247.

*Fran Gustavesen, President*

## **FORTUNE-TELLING WITCH RETURNS ON HALLOWEEN!**

Prepare to be enchanted as the Halloween fortune-telling Witch makes her grand return to Hampton again! Children will be mesmerized as she distributes her mystical pennies and reveals intriguing predictions about their futures. The Recreation Commission will be hosting this magical event at the Community Center on Main Street. Stop before to Trick or Treat under the Pavilion. Don't miss the chance to visit the Witch and receive a goodie bag filled with treats. Join us for an evening of fun and wonder from 5 to 7 PM on Friday, October 31st.

## **PICKLEBALL ARRIVES IN HAMPTON: JOIN THE OPEN HOUSE CELEBRATION!**

Pickleball, America's fastest growing sport, has made its way to Hampton! The Hampton Recreation Commission is thrilled to announce an Open House event to celebrate the town's brand-new pickleball courts on Saturday, October 4<sup>th</sup>, from 10AM --NOON at Town Hall. This special event will feature a live pickleball demonstration by Connor Valentine, an experienced player and instructor with over five years of teaching and competitive play. Connor will introduce beginners to the basics, including rules, techniques, and hands on practice. No equipment? No problem—paddles and balls will be provided. Attendees can meet fellow enthusiasts, ask questions about the sport, and enjoy healthy refreshments. Don't forget to bring a chair or blanket to relax and enjoy the festivities. This event is made possible thanks to the town's efforts in securing a grant for the new courts. Note: In case of rain the event will be postponed and rescheduled on a later date. For more information, please contact hamptonctrec@gmail.com. Come join the fun and be part of Hampton's pickleball community!

## **VETERAN NEWS**

If you are a veteran or spouse of one, surely you must have a question about VA Benefits. Especially if you don't know what eligibility requirements are needed. Contact Garry at 860.928.2309 or garry.brown71@aim.com and see if you may have some possible benefits. Remember, the only dumb question is the one not asked.

## **HAMPTON ELEMENTARY SCHOOL**

Hampton Elementary School organizes its improvement efforts around ACE—Academic achievement, Climate and community, and Enrichment and engagement; these goals are explained below.

### **ACADEMIC ACHIEVEMENT**

**Early Literacy:** We will strengthen oral language and knowledge building in PreK, continue high-quality foundational skills in K–2, and expand evidence-based writing instruction (ThinkSRSD) in upper elementary.

**Targeted Interventions:** With our full-time interventionist, we will provide short, focused cycles of support in reading and math, with progress checks every 6–8 weeks to monitor growth and adjust instruction.

**Clear Communication:** We'll continue to refine our standards-based reporting so families understand what students know

and can do—and how to help at home.

### **CLIMATE & COMMUNITY**

**Restorative Practices:** HES staff will be diving in feet first into restorative practice work. This will do more than address conflict or behavior. It's about building a strong, connected community. Through regular circles, conversations, and shared problem-solving, students learn to listen, express themselves respectfully, and take responsibility for their choices. This approach helps repair harm when it occurs, but just as importantly, it strengthens relationships, creating a school culture where every student feels valued and supported.

**Assemblies and Spirit Days:** We will continue hosting monthly assemblies, where our students are able to develop a school wide community through celebrating accomplishments, shared music, and play. Please be on the lookout for more information before assemblies and special spirit events.

**Let Grow:** Let Grow is a national nonprofit (co-founded by Lenore Skenazy) that helps families and schools rebuild kids' independence, resilience, and free play. The core idea: when children get age-appropriate freedom to try things on their own -- for example, walk to a friend's house, make a simple purchase, or organize a game -- they grow more confident, responsible, and socially skilled. Please watch for more information shared by your child's classroom teachers.

### **ENRICHMENT & ENGAGEMENT**

**Arts Access for All:** Our art, music, and PE/health specialists are collaborating to increase access to the arts across all grades. This year, every student in grades 3–6 will participate in our drama program, giving them the opportunity to build confidence, creativity, and teamwork.

**Intergenerational and Community Connections:** We'll deepen partnerships with Hampton's seniors and community organizations, including the fire department, historical society, and conservation commission, through shared events and student service projects.

**Library Partnership:** Our monthly Second Wednesday Story & Craft at Fletcher Memorial Library (4–5 p.m.) welcomes children ages 3–5 and their adult helpers for read-alouds and hands-on fun.

### **How You Can Get Involved**

**Volunteer or Share a Skill:** From reading with students to guest-speaking about local history, we love welcoming community expertise into our school. Please call the office for volunteer opportunities and guidelines.

**Donate Supplies or Materials:** Please contact the office or your child's teacher if you have materials or donations for our school.

**Join Us at Events:** Look for concerts, exhibitions, and service event dates from the school and on the Fletcher Memorial Library calendar. We are looking forward to sharing our amazing students with our community. If you have questions or would like to get involved, please contact the Hampton Elementary School office. Here's to a year of learning, connection, and community pride!

## LIBRARY EVENTS & PROGRAMS

Top Shelf Gallery: The October show features Janice Trecker's *Recent Works*.

Special Programs:

October 4 Artist's Reception and Demonstration 1 – 2PM

October 8 Second Wednesday Story and Craft 4—5PM

This activity is for children ages 3-5 along with a caregiver presented in partnership with Hampton Elementary School. An HES staff member will read a story and lead a related activity.

October 8 Book Discussion Group 6—7PM  
The group will be discussing *Frankenstein* by Mary Shelley. We have copies of the book available to borrow at the library.

October 31 Trick-or-Treat at Fletcher Memorial Library 6 – 7PM

Stop by the library as you trick-or-treat on Main Street. We will greet you on the front porch with treats sure to please.

## WEEKLY PROGRAMS

**Wednesday Knitting Group** Noon

Informal fiber arts group meets most Wednesdays. Please contact the library to make sure they are meeting.

**Thursday Mah Jongg** 101 10AM – NOON

Join us in the Community Room for free classes on Mah Jongg, an ancient Asian game played with tiles. All skill levels are welcome!

**Thursday or Friday Tai Chi** 8:30 – 9:30AM

Tai Chi takes place in back of the Community Center or in the Pavilion at the Town Hall, depending on the weather. Call the library for updated information and current day.

**Friday Baby Story Time** with Miss Deb

10:30 – 11:30AM Join us for an interactive program for birth to three-year-olds using a variety of musical instruments, rhymes, songs, finger plays, as well as a story or two. Our goal is to encourage a lifelong love of reading and learning. *No Registration Required for Listed Programs*

**Senior Delivery Service** The library is happy to provide a delivery service, please call or email the library.

# Fletcher Memorial Library

## NEW BOOKS

*Lots of adult fiction this month, including novels by favorites like Isabel Allende, Michael Connelly and Adriana Trigiani. Non-fiction includes works on the human brain, James Baldwin, WW2 Japanese American internees and American women aviators. New DVDs featuring popular series, Landman and Yellowstone, too.*

## ADULT FICTION

Stig Abel

Elliot Ackerman

Robbie Armott

Isabel Allende

Rhys Bowen

Amanda Chapman

Michael Connelly

Megan Cummins

Jay Fielding

Carley Fortune

Lisa Gardner

Nina George

Martha Grimes

Kristin Harmel

Samuel Jay Hawley

Taylor Jenkins Reid

Morgan Richter

Tatiana Rosnay

Lisa Scottoline

Daniel Silva

Karin Slaughter

Kent M. Schwendy

Francesca Serritella

## ADULT NON-FICTION

Becky Aikman

Pria Anand

Nicholas Boggs

Barbara Demick

Asne Seierstad

Tracy Slater

The Burial Place

Sheepdogs

Dusk

My Name is Emilia del Valle

Mrs. Endicott's Splendid Adventure

Mrs. Christie at the Mystery Guild Library

Nightshade

Atomic Hearts

Jenny Cooper Has a Secret

One Golden Summer

Kiss Her Goodbye

Beautiful Nights

The Red Queen

The Stolen Life of Colette Marceau

Daikon

Atmosphere

The Understudy

Blonde Dust

The Unraveling of Julia

An Inside Job

We Are All Guilty Here

Sailing Toward the Tempest

Full Bloom

Spitfires: American Women Who Flew....in WW2

The Mind Electric: A Neurologist

on the Strangeness & Wonder of our Brains

Baldwin: A Love Story

Daughters of the Bamboo Grove:

From China to America...

The Afghans: Three Lives Through War,

Love & Revolt

Together in Manzanar: The True Story

of a Japanese Jewish Family.....



## SECOND WEDNESDAY STORY AND CRAFT FOR PRESCHOOLERS

Pre-school children, ages 3-5, are invited to a new reading and craft program for children and their caregivers at Fletcher Memorial Library. Held in cooperation with the Hampton Elementary School, the program began Wednesday, September 10. Other Wednesday programs are scheduled for October 8, November 12, and December 10. All are from 4-5PM and will be staffed by HES teachers.

Second Wednesday is part of the ongoing partnership between the library and the local elementary school. The program is specifically designed for pre-school children and aims to get the little ones off to a good start before formal schooling. Drop ins are welcome, but it will be easier to plan ahead if patrons call the library at 860.455.1086 to register.





## TOP SHELF GALLERY

The October show at the Top Shelf Gallery is *Recent Works* by Hampton painter Janice Trecker. The show, which includes a variety of acrylic paintings on masonite as well as some digital drawings, will open with a reception and artist's demonstration on Saturday, October 4, from 1-2 p.m..

Although Trecker paints the occasional landscape, her favorite subjects are people and animals, preferably in motion. She likes painting portraits and depicting people at work or play in their environment. An avid fan of cycling,

she has also done images of both grand tour racers and cyclocross athletes.

Mostly self-taught, she credits an enthusiastic high school art teacher for encouraging her to paint in oils, now sadly abandoned because of allergies. Except for a six-week adult education figure drawing course, her training has been informal if fairly rigorous: she drew almost weekly for over thirty years at the Hartford Art School and at Eastern Connecticut State University figure drawing workshops.

"I have painted and drawn all my life," Trecker says. "I was making recognizable images long before I could read or write. As an adult, I developed the habit of traveling with a sketchpad, especially when I attended sports events with my husband, Jerry. That was very good training in quick sketching." Now retired from both, she still occasionally publishes short

mystery stories and blogs.

## 24TH ANNUAL HAMPTON CHURCH TRACKER ORGAN CONCERT

Hampton Congregational Church is pleased to announce this year's Tracker Organ Concert will be held on Sunday, October 19<sup>th</sup> at 4PM. This year's guest artist is special. Jared Lamenzo is from New York City. Jared is the Director of Music and Organist at the historic Basilica of St. Patrick's Old Cathedral, located in Manhattan's Little Italy. He hosted and worked with international recitalists and choral groups, and has been featured in the *New York Times*, on CBS, and on PBS, in a documentary hosted by Martin Scorsese. A Harvard engineering graduate, he leads organ building workshops for kids and creates interactive music installations. Jared has concertized internationally on historic instruments but has a special love of early 19th-century American pipe organs. Jared is delighted to explore the historic 1836 Dennison-Smith organ's capabilities and colors in bucolic Hampton, Connecticut!

The concert will be followed as usual with a reception and refreshments in the church hall. *There will be a free will offering.*

# ANNUAL HERITAGE DAY

## *Organic Roots Farm at Popover Hill*

### Saturday, October 18, 9AM—5PM

### *Celebrate the Autumn Season with Us!*



### Local Crafters & Demonstrations

- \* Potter
- \* Antique Tool Demonstrations
- \* Tool & Knife Sharpening
- \* Antique Waffle Iron Demonstrations

### Looking for a fun-filled time for your family?

Visit the farm, pick out a pumpkin, enjoy some pie! Taste the best of Autumn flavors with a homemade pie from our bake shoppe, by the slice, or whole. Don't forget the cider donuts and sparkling cider!

At 11AM, there will be a mini-concert by a local bowed psaltery ensemble.

The Fisher Family, 717.372.9188  
[organicrootsfarmct.com](http://organicrootsfarmct.com)

147 East Old Route 6, Hampton

In *Discovering Hampton*, Janice Trecker aptly called Hampton at the time of its incorporation in 1786, “a collection of villages with evocative names”. This fall, we’re focusing on the section originally known as Appaquag, or Apaquag, or Appaquage, for every source spells it a little differently.

In 1763, the town was divided into “school districts”, each responsible for educating its neighborhood’s children in its own one-room school house. The Appaquag schoolhouse, built in 1774 and originally situated on the west side of Pomfret Road, still stands today as a residence, though it was re-located to the corner of North Bigelow and Windy Hill. We shared the many memories of former students in the last issue.

While all districts cherished their own “character”, each with distinct and important features, some sections had their own stores and post offices and mills, eventually depots. Though Appaquag had none of these, it is one of the oldest developed parts of Hampton. Whereas the Center grew from the establishment of the Congregational Church in 1723, Rawson and Clark’s Corner with the railroads, and the Bigelows and Howard Valley with the mills, Appaquag’s growth stems from the town’s original roots: agricultural.

Situated in the northeastern corner of the town, Appaquag, which means “swampy area” in the language of the Nipmucks, the people native to Hampton, was also called ‘Cady Hill’, “after the Cadys who had lived there”, Harold Stone relayed in Alison Davis’ *Hampton Remembers*. “Once a long time ago there had been a house on the left going up the hill to the farm. I can just see those red single roses and the beautiful iris -- that was all that was left in my time. Then they put that road through there,” Route 97, completed in 1934 to include the stretch from the center of town to Abington now known as Pomfret Road, and “that state road finished ‘em off,” Harold wrote, though, “We still called that Cady Hill.” The Cady farm, identified in both the 1869 map and the turn of the century map included in *Hampton Remembers*, was located on the west side of Pomfret Road, between the Abington line and Lewis Road. Occupied by cows now, this was also the location of the Hopkins farm, which, largely due to its structure, ‘Big House, Little House, Back House, Barn’ succumbed to fire. Harold recalled:

*I remember when Lucy Lewis’ house burnt – she was Lucy Hopkins then. I was getting ready to go out to do the chores one morning and my sisters came running down the stairs with “Hopkins house is afire!” They could see it from their bedroom window. So I ran out to the barn and told*

# Our Rural Heritage APPAQUAG



*the menfolks and then we went down and met Lucy on the way up... The house went, and the horse barn that was attached to it. And they never rebuilt.*

Some folks still refer to the area as “Grow Hill”, for the Grow Family. One of the first settlers in Hampton, Thomas Grow arrived here in 1730, and the original Grow farmhouse, which still stands as one of the oldest in town, was built between 1730 and 1748. Appaquag was one of a few sections with its own cemetery, the Grow Burying Ground, circa 1740, perhaps the oldest in town. Though the stones are too weathered to read, members of the Grow family rest there, including Grow’s sons, Thomas and Ebenezer, who served in the Revolutionary War.

For over a century, Appaquag also had its own church, the Grow Baptist Church, according to Susan Jewett Griggs’ “Folklore and Firesides”. Grow’s son Deacon Thomas Grow “whom our grandsires remembered as furnishing doughnuts and gingerbread, made his home a favorite haven in the cold seasons”, opened his home for services prior to construction of the Grow Meetinghouse, the remnants of which are reportedly still visible south of the Grow homestead. His son, William, “studied for the ministry, and was the first ordained pastor of the Grow church” from 1776 to 1783, and James Grow, a cousin, was the pastor from 1788 to 1805.

The Grow Farm was purchased by the Stone family in 1876. Harold Stone wrote of growing up there:

*When I was a small boy my day started about ha’ past five or a little earlier than that because we had to have our milk cooled and down to Elliot station by seven o’clock. We had the stables to clean and the milking and we had to pitch out the silage after we got a silo and pitch down the hay, and feed ‘em the grain... We had to pump the water and turn the cows out into what was the horse barn there because that’s where the pump was and one boy could pump and keep pumping, steady if two cows were drinking. We had, as a rule, somewhere around twenty cows, but at the same time it had gotten down so it was less. All of us children, that is the young three, all learned to milk on a cow named Dora.... I had a milking stool that had a little platform in front where you could rest the pail instead*



of having to hold it tight with your knees the way you do when you use an ordinary three-legged milking stool. It was quite a help!

The farm would later become known as “The Stone Brothers” when Walt and Clarence Stone took over for their father, Elmer, in 1954. Phyllis Stone recalled that there were plenty of buildings to accommodate daily operations, “a big, black barn, a small garage serving as a tool shed and an oil shed, a garage for vehicles, a pig pen, another large barn, and a pole barn for the cattle.” Along with the Heifer calves which were raised on the farm, and the bulls which were sold, there were pigs and chickens.

Along with the Grow, Cady, and Hopkins farm, the 1869 map identifies a number of other farms – Elliott, Lewis, Lincoln, Clapp, Congdon, Butten, Hubbard, Hammond and Holt. The later map identifies the same amount, with many of the same names, and a few different names, more recognizable to us now – Stone, Fitts, Stetson, Kimball, and the legendary “Aunt Josie” Smith described in *Hampton Remembers* by her neighbor Helen Hammond Mathews as “rather an unusual character, very much liked but a little queer”.

Because of its proximity, many of the residents of Appaquag went to Abington for Church, the oldest in Connecticut, with our own Congregational Church claiming the distinction as the second oldest in the state. “We went to Abington Church ‘cause it was nearer, four miles up to this church and three miles up there. We used to go in a two-seater wagon, two horses, and there’d be six of us, three in front and three in back,” Harold Stone recalled.

“Without a store of its own, Appaquag was served by the grocery in Elliot, a village just over the line in Abington,” Trecker wrote. “The storekeeper, Mr. Clapp, was a welcome visitor in the area. He went from house to house collecting orders, news and gossip, and returned the next day with the groceries”.

“If you lived in the north end of town, you maybe sold huckleberries to Theron Clapp at his store in Elliot,” Alison Davis relayed in *Hampton Remembers*, where Helen Mathews recalled: “Beyond all the foods we made at home we had to buy a few things at the store like flour and sugar and molasses. Mr. Clapp from the store in Elliot went to all the houses in the north end and one day he’d take the order and another bring it to you. He always leaned against the sink in the kitchen and waited for you to decide what you wanted and told the news. ‘Twas a real visit. When my mother paid the bill he had in his pocket a little grocery bag, the smallest size, and in the bag were some little white peppermints, and sometimes pink and sometimes green, and it was for a child in the family – and I got it because I was the only child.”

Above all, Appaquag was a neighborhood. From *Hampton Remembers*: We used to get a group together and we had a long, long double ripper that we’d slide on down the hill right straight on through the middle of the road, Grow Hill and go on down to Elliot Station almost. There’d be twelve or fifteen of us on one long plank, about fourteen foot long with a sled under each end of it. Then we’d turn around and drag it back up. There was no traffic on the road – if there was, they turned out for us with their horses and sleigh. But we used to go up there moonlight nights when the sliding was good, a big group of us would go up there, and slide for two or three hours in the evening. ...There was a very good skating pond on the Hammond Farm used by the school children. Several local farmers got their summer supply of ice from this pond.

Arthur Kimball

The ladies would have a tea – my mother would go – everybody would be invited down to Gramma Lincoln’s or some other home just here in the neighborhood, and they’d all have tea there, not often y’know, but maybe once in a while.

Lucy Lewis

When I was twelve years old I started peddlin’ papers afoot all over the north part of Hampton. They had no Sunday papers at that time, but I had four Saturday papers that I got in the mail in bundles. They included *The Saturday Evening Post*, *The Pennsylvania Grit*, *The Chicago Blade* and the *Ledger* and the *Utica Saturday Globe*. I used to send the order in on Tuesday and on Thursday the bundle of papers would be delivered at my house by mail. I peddled ‘em ...I always stopped at Josie Smith’s and she bought a paper just to talk with me and she always had doughnuts and milk for me to enjoy.

Arthur Kimball

Josie Smith washed the milk cans for the Lincolns and the Hammonds and I don’t know how many more. That was her job and they paid her. We took them to her house where she washed them. Usually one person collected the milk from all the farms in the neighborhood and took it to the station. For a while George Kimball picked up the milk probably from Buttons, Clapps and Lincolns and Hammonds.

John Lewis

What united this little community, along with proximity and neighborliness, was farming. True to its agricultural roots, Appaquag boasts the only remaining dairy farm in town.



## Remembering... Appaquag

When we got our first telephone up at the farm we had to put in the poles ourselves. We had seventeen beautiful chestnut poles from the Lewis Road up to our house on top of Grow Hill. The company supplied us with special long-handled shovels for digging the holes and pike poles for leverage to topple the telephone poles into the hole.

Harold Stone





## VACATIONING IN THE U. S.

### Part II: Colorado and Utah

After the deserts of New Mexico, our next destination was another iconic landscape: the Rocky Mountains. There we rested, indulging in a day trip on the Durango Silverton Narrow Gauge Railway, riding in a gondola behind the historic steam train which has operated for over 150 years. Even more impressive -- the beautiful scenery along the Animas River, Spanish for "Ghost River", as one climbs into the Rockies. This was not our first trip on this relaxing voyage, but it was Felix's, and he enjoyed it even more than the Polar Express as he bounced from one side of the train to the other, observing the river at its base and watching it grow smaller, become a sliver, as we climbed the Rockies. He equated Colorado with elevation, and its beauty, which amazes you anew every time you round a bend, didn't escape him.

We left early the next morning for Mesa Verde, the pre-Columbian settlement built under the mesas and cliffs. This is Dayna's favorite, and although she's visited a number of times, she "still can't believe it". Cliff Palace settlement is enormous with kivas, towers, storage areas and homes. These people built from the ground up to the back of the mesa, three to four stories from where they began. But smaller dwellings are everywhere, and Felix became adept at finding them, camouflaged against the rocks and tucked under the ledges. The native Anasazi knew what they were doing when they settled here. Their cliff dwellings offered them security and protection from the forces of nature, and one is simply overwhelmed by the architecture and engineering employed by the ancestral people of the southwest. And their view was incredibly beautiful. We're in awe as we sit where the first Americans were able to enjoy America the Beautiful.

The next part of our journey was one of the long ones, to and through Monument Valley. Before you drive through the southeast corner of Utah you should always remember to carry two things: water, and a map. No one told us we would lose cell reception and GPS services. We relied on

highway signs in this remote part of Navajo Nation, until a detour put us on a road with no signs, no buildings, no cell towers, no other vehicles -- with only an ever-changing view and a desire to find some form of civilization and ask -- where the hell are we, and how far is it to Monument Valley? Eventually we spotted one of those small gas stations and convenience stores which (thankfully!) dot the landscape occasionally, and the Navajo store keeper assured us we were on the right road, and informed us of landmarks (literally, marks on the land) to look for on our way.

After traveling along a road to seemingly nowhere, we eventually found ourselves along "The Valley of the Gods". My first views of Monument Valley as a kid were from old cowboys movies. Now one can view it on episodes of "Dark Winds". Monument Valley is breathtakingly beautiful. Mother Nature has done her job with much artistic enthusiasm in this wild, unspoiled sandstone territory of sculpted buttes, mesas and spires. It is not a government owned park; it is owned and operated by the

Navajo Nation, and visitors should take advantage of touring the area with a Native guide, not only because the terrain is very rough and your guide will know how to navigate it, but because you will hear Native lore, and of the people who still live there. Yes, Native people live in Monument Valley. People notice the poverty which exists here, and in Kayenta. But Native people know of the wealth -- the view -- and prefer this, sometimes harsh life, to selling their lands to developers who would destroy the raw beauty of Monument Valley.

Everywhere we went, there was an opportunity to meet the Native people, Native artisans, the Navajo selling the turquoise and silver jewelry they craft, members of the Ute Nation selling such light fry bread, people at Welcome Centers who speak of their connection to the past through food, ceremony and song. As a native person, I always make contact with the first nation people in the area, and was happy that India had an opportunity to talk with these people, her people, too.

With the sun setting over the Valley of the Gods, our family performed a ceremony of thanks to the Creator for family, friends and a safe day of travel. We left Taos, Chaco Culture, Mesa Verde and Monument Valley with a much clearer understanding of what places like this should mean to all Americans. For me, it's coming "home", to the land of my ancestors, and at a glance explains our attachment to the land.

If you haven't experienced these places, you should. Put them on your bucket list of places that exemplify the beauty of our country, places to visit on your journey through life on this planet.

Juan Arriola  
...to be continued



## WALKTOBER

**October 8** Roving Ranger: Rock Spring Preserve 10AM – NOON  
Join Ranger Cassidy for a moderate 3.5 mile hike through the diverse woods of Hampton and Scotland. Sponsored by the Last Green Valley.

**October 12** Tales of Hampton Station 10AM – NOON Starting at the intersection of 11<sup>th</sup> Section and Estabrooks roads, stroll back in time with the railroad lore of Hampton Station. Sponsored by the Connecticut Eastern Railroad Museum.

**October 18** Explore the Little River Preserve 1:30 – 3:30PM Starting at 19 North Bigelow Road, Dr. Nick Bellantoni will explore the rich history of the Little River Preserve, including the Nipmuck Path, the calvary encampment, Bigelow Lake and the Litchfield mills. Sponsored by Hampton's Antiquarian and Historical Society and Conservation Commission.

**October 26** Wander & Ponder: Trail Wood Sanctuary 2 – 4PM Join us for a sunset stroll accompanied by poetry and literary excerpts from Teale's works as we walk the property he once lived on, and wrote of. Sponsored by the Last Green Valley and CT Audubon Trail Wood Center

**November 1** Last Light Walk at Trail Wood 2 – 4:30PM Registration is required for this opportunity to take advantage of the last afternoon light at the end of Daylight Savings Time. Sponsored by CT Audubon and Sierra Club Connecticut.

## CONNECTICUT AUDUBON CENTER AT TRAIL WOOD

Fridays Trail Wood Walking Club 1 – 3PM Weather and trail conditions permitting. Contact us if you would like to be on the walk reminder list.

**October 1** Trail Wood Troubadours 6 – 9PM Register to join a group of acoustic music lovers to play popular songs written when the Teales lived at Trail Wood. A PDF of chords and lyrics will be provided.

**October 23** Trail Wood Bird Walk 8AM Bring binoculars and, if you have one, a spotting scope. Wear drab-colored clothing.

**October 26** The Last Green Valley Walktober Literary Walk 2 – 4PM Hike Trail Wood with stops for readings from Edwin Way Teale's works. *For additional information and to register for listed programs, visit [ctaudubon.org](http://ctaudubon.org)*

## GOODWIN CONSERVATION CENTER PROGRAMS

**October 2 – 4** Fall into Nature Join us for our monthly senior hike, forage for nuts, and craft with acorn ink and leaves.

**October 3** Night Sky 7 – 9PM Admire the night skies with our special guest astronomers.

**October 9 -- 11** Forest Treasure Chest Appreciate the many treasures found within Goodwin Forest. Hone your tree identification skills, search for mushrooms, and enjoy a forest scavenger hunt.

**October 16 – 18** Nature's Canvas Admire nature's fascinating beauty through leaf dissection, wood painting, plant pressing, and rock reading.

**October 23 – 25** Trees Through Time Journey into the past to uncover the history of James L. Goodwin and the forest he once owned and managed. Learn more about the historic Airline Trail, Pine Acres Pond, fire management, and how trees were used during World War II.

**October 30 – November 1** Trick of Tree-t Get into the seasonal spirit by exploring animal skulls, winged creatures, and critters living in the leaf litter. *For program registration and further details, visit our website: <https://ctparks.com/events>*



## *I'm From Here*

### September 9

9/11. Its memory and all that it still represents is but two days away, but today my attention was drawn to the simple half-moon patch of unmown ground between my driveway and East Fisk. I set up my folding chair in the drive, facing south, to soak in the sun during a quiet spell.

Quiet? So much activity! I leave this patch unmown for the sake of the pollinators, and today they were out in full force: honeybees, tiny flies, butterflies, dark bees resembling bumble bees, and many tinier winged creatures that defied my identification. The wild, white asters blanketed the ground in this lunette. The insects flitted incessantly from flower to flower, ever mingling while allowing each to forage as they wished. A single yellow jacket visited me, too, to check my hand for anything sweet, but found nothing and was soon on its way.

Quiet? Even with Route 6 in the background, there was no lack of harmonious country sound. Birds, cicadas, crickets, and the swish of the breeze through the Norway Spruce limbs filled my head with such a symphony as man could never create. A red-headed woodpecker (or was it a sapsucker?) sang two songs in the upper levels of a nearby, dying pine. The Carolina Wren scolded, then serenaded, with warbles and a whole repertoire of song snippets, one after another. A lone chickadee made itself known. I watched the butterflies as they danced, then rested on a flower head, then danced again. At times they sat, wings slowly opening and closing, enjoying the sun's warmth as much as I.

I was soon, all too soon, toasty enough, and went back inside. What a respite! What a delight! What a joy that my simple quest to warm up had brought me to such a bounty and wonderland of natural enjoyment. This day's memory will continue to warm me long, not least during winter's soon-coming silence and chill.

*June Pawlikowski Miller*



# Garden

IN THE

with Dayna McDermott



## OUR NEIGHBOR'S GARDEN: THE GARDEN OF KAYE JOHNSON

Since I cultivate an entire yard of gardens, I'm always impressed with what can be accomplished in a small space. Such is the garden of Kaye Johnson, where an arch of flowers greets visitors from the property's entrance, flows into a floriferous pool, circles the porch, and frames a stone patio, all visible from the street. There's always something absolutely beautiful in Kaye's garden.

In earliest spring, hellebores burst at the entrance, ivory petals speckled raspberry and creamy ones tinged green and pink. A frill of daffodils serves as a ruffle across the front of the garden and underlines the terrace fence. Clumps of yellow and white trumpets are interspersed with sprinklings of squill, providing a sapphire carpet, followed by a river of lily-of-the-valley, the stalks of little bells scenting the air, a pool of pale blue vinca, and a surf of chartreuse creeping jenny to contrast with creeping veronica, the diminutive variety with petals of pale violet. The daffodils are replaced with a multitude of tulips in myriad colors, along with wands of bleeding heart cascading along the fence, a mound of perennial geranium with magenta blossoms floating over bronze foliage, and the chartreuse bracts of euphorbia, a magnificent garden siren, a beacon partnering perfectly here with perennial bachelor buttons, spidery, indigo petals circling crimson centers.

The season of azaleas is next. Two white azaleas in the front of the house sparkle against the gray paint, the symmetrical planting

forgiven with the asymmetrical structure of a Victorian house. Another two reign at the property entrance, white with pink tipped petals, and a magenta anchors the porch. In this, the season of flowering shrubs and trees, 'Summer Snowflakes' viburnum graces the garden with its ivory lace-caps, infertile saucers surrounding clusters of tiny fertile flowers, and a 'Kousa' dogwood's greenish bracts will mature to cream to sprawl across and form the patio's ceiling.

The season of iris follows, and there's a wonderful collection of them. An iris of a gentle, china blue gracefully lines the patio. A coupling of sparkling white and deep purple iris border the barn, echoing another splash of white iris at the porch and a smaller clump of deep purple in the garden, where a purple iris with deeper purple falls and yellow throats rims its front. Meanwhile, poppies dance along the patio fence, where a tropical-looking scarlet honeysuckle vine rambles and perfumes the air.

Next is the season of peonies. Saucers of deepest red, another of silvery pink ruffles, a frilly, powder puff of softest pink, and 'Festiva Maxima', the old-fashioned standard, large, pure white petals surrounding a crimson flecked center. These are strategically placed throughout the garden, where their foliage contributes a glossy, shrub-like quality throughout the growing year. Though their flowers are unparalleled, the peonies are beautifully partnered with the contrasting forms and complimentary colors of baptisia's indigo wands, and the diaphanous clouds of coral bells, airy, pink sprays delicately floating above clumps of marbled foliage.

And then there are the roses, all with the wonderful fragrance of genuine roses, starting with a hardy 'rugosa', a bright pink bud opening to a blush pink, another deeper rose, and another the color of red lipstick. While roses reign supreme in the garden, their season is also one of the most floriferous. Here the ivory fronds of goatsbeard serve as a canopy over the pink and white feathery brushes of astilbes spurting from fern's and hosta's foliage. Violet Canterbury bells rise in the garden, along with stalks of purple liatris, pairing with pale yellow 'Moonbeam' coreopsis and serving as vertical reprieve between the raspberry plates of two spirea shrubs. Hollyhocks climb along the porch, one a palest lavender, another a whisper of pink rimming a white blossom with a yellow throat, and another, a deep violet, underlined with the golden rays of coreopsis.

The roses, the liatris, the hollyhocks, the coreopsis linger into the season of lilies, which will bloom radiantly throughout the month of July and most of August. Trumpets the color of tangerines and cantaloupe, pumpkin and peach, dark maroon, scarlet, a brilliant red, burnt orange, brick red, and every hue of yellow – gold, canary, banana. The flowering stalks of hosta bear lavender bells to cavort with the violet spears of salvia, indigo globes of balloon flowers, and the deep purple bells of campanula. Raspberry pink astilbes take the place of their smaller, paler versions, and monkshood provides a focal point in the garden's center with its unique form, dusty, plum "hoods" rising from dramatic, toothed foliage.

In late summer golden composite petals of coreopsis skirt the porch and the garden rim, echoing those of the rudbeckia, whose form is echoed with the mauve rays of echinacea. A sparkling white liatris, taller than the purple varieties, forms exclamation points on the corner where the garden meets the porch and in the garden's center where it couples with a white phlox. Helenium provides structure, a five-foot variety with burnt orange petals surrounding a gold center, and another, sun-flower type, a stalk reaching seven feet. A hydrangea smothered with cream colored panicles tinged pink at the stem frames the patio, lined with an enormous clump of lavender, and nicotiana dangles its fragrant white blossoms. Green flowering



hydrangea command the garden, one at the garden's entrance, the other in the center paired with pink phlox. The cups of a large, old-fashioned purplish pink Rose-of-Sharon open at the small building that served as the Town Clerk's Office so many years ago.

Autumn is ushered in with white flowering hostas and anemones, tall, sprawling umbrellas of cream and mauve petals, fluffy tufts of violet-blue ageratum, the deepening plates of sedum 'Autumn Joy', from green tinged pale pink to dark raspberry, and dahlias -- those unparalleled focal points of the season -- scarlet chalcids rising from black foliage, a ruffle of tangerine, and those the size of dinner plates with layers of ivory petals, and another rippling from cream to pale peach to apricot. Pink and red roses and orange and yellow lilies are re-blooming, the grass is tasseling with purplish brushes and feathers, hydrangea racemes are maturing to deep pinks, the starry petals of 'Sweet Autumn Clematis' is scrambling across the fence, and the garden is speckled with the remains of blue balloon flowers and lavender pink phlox. These are followed by the red bristly fruit of kousa dogwood, the holly beginning to berry, and bushels of fall-colored chrysanthemums.

I would be remiss in not mentioning the most important element of the garden: foliage. These include ferns and a variety of hosta at the garden's margins, enormous puckered leaves of green, some with chartreuse edges, chartreuse, some edged with blue, powder blue, mint green rimmed with cream, and the focal point that is 'Sum and Substance'. There are also grasses, a pennisetum, a small tussock with wheat-like tassels, and three clumps of a taller fountain grass with blades tinged crimson and purple plumes. Interesting foliage is also supplied with evergreen trees and shrubs, bristled conifers, boxwoods, azaleas, and glossy hollies, as well as the bronze foliage of smoke tree; an enormous pine delineates the garden's entrance to its south, a large maple, igniting in fall, framing the north entrance. After the variety of foliage from the flowers -- the blades of iris and lilies, the fine needles of coreopsis, the toothed mounds of geraniums and chrysanthemums, the fleshy pads of sedum -- these remain, carrying the garden through all seasons.

There's not a moment of time or a sliver of air that is not filled with color in Kaye's garden. The space exemplifies the notion that it is not necessary to cultivate a large garden to realize one that is spectacular throughout the year. Particularly as we age and our gardens grow beyond us, it's important to minimize the area which requires our attention. All that is really necessary is careful planning. Keep a record of seasonal plants to ensure seasonal interest. Rely on the structure of trees and shrubs and foliar plants. Limit plants to those that are neither too fussy nor too rambunctious. And, above all, make certain to include your favorites.

**De**AUNTIE MAC  
*Dear* I loved last month's column. I have always followed the philosophy that people need to be listened to and empathized with, rather than advised. However, our daughter has started dating someone we consider abusive. Not physically, but he subtly puts her down, a lot. She's young, naïve, head-over-heels infatuation, and isn't registering the remarks as insults. Shouldn't this warrant a "talk"?

Concerned Parents

My Dear Neighbor:

Auntie Mac urges you, dear, to look back on your own young adulthood, in order to perhaps understand a bit better (not condone, mind you, merely understand) the emotional blind spots in an early relationship, when you would do anything—anything at all, to ensure that it continue, including tolerating intolerable behavior from the perceived beloved. We want so

desperately to be needed, and treasured, and not abandoned—even by those who in our heart of hearts we know are poison to us.

One of the kindest and most important things you can do for your daughter, which few of us think of doing as we are formulating a plan to immediately send this boor off a rocky cliff, is in a quiet moment when you two are alone, ask her how she *feels* when her boyfriend exhibits this behavior. "How does that make you feel?" is such a simple question, but when one is used to pushing away feelings in favor of preserving a kind of warped harmony in a situation one sometimes believes is the best one can hope for, the verbal articulation of what's going on inside can often spark painful revelations that may surprise you both. You must be patient, and gently persistent, and brace yourself to respond with love and understanding of what is unearthed, for people do not gravitate to abusers in a vacuum—something, perhaps in childhood or adolescence, may have informed her choices, and her decisions about her own worth. People who feel they are consistently loved, supported, and cared for tend to quickly send packing those who do not treat them with the kindness and respect on which they have come to rely—and expect.

That being the first step, Auntie Mac finds absolutely nothing wrong (in fact, relishes the opportunity) in following up with public chastisement if the young man ever insults, offends, or embarrasses your daughter within your sight or earshot. You may choose to let her know of your intentions beforehand—or not. Something along the lines of "You are never, sir, to address Agnes in that manner again—it is cruel, demeaning, and reeks wildly of immaturity and a lack of any decency whatsoever. She may have decided to allow it for the sake of decorum, but there is no one else who will. Have I made myself clear?" should at least get the ball of realization rolling, as it were.

Your daughter knows that her partner's behavior is unacceptable, and will not assume others will acquiesce to his foolishness as she does, so do not fear her anger at you. But if for any reason you feel that the relationship could result in physical harm, act immediately and consult a domestic violence prevention professional, for everyone's safety.

Your Auntie Mac

## HERBARY AND WITCHERY... THE SAME THING, YES?

I learned to cook from my mom, who learned to cook from her older sisters who raised her in rural "Metha-Baptist" Oklahoma. The main flavors that were imparted from that Dustbowl culinary education were: bacon fat, butter, sugar, and salt. Herbs? "Well, if you washed the pokeweed a bunch of times and then cooked it 'til it was grey, *that* might be considered an herb."

As an almost teenager, I began doing much of the cooking. My great-uncle Clinton, who lived with us, considered himself something of a gastronome. He *did* use herbs and spices, particularly a number of different peppers and had a special fondness for bay leaves. One particular afternoon, he invited me to assist in making a corned beef. Some white peppercorns, many cloves of garlic, a bit of fresh dill, kosher salt, celery and onions, and his precious bay. While the stench of its boil almost drove us out of the house (especially after the addition of cabbage), I found it wasn't terrible. Clinton was quite pleased that his protégé hadn't "mucked it all up", and proceeded to have almost three helpings along with several tumblers of his Heaven Hill bourbon.

The next morning, however, things looked grim. The dog was lying in state at his door, and my father had the same look from when his father died a few years back. Clinton was dead. Clearly, I had killed him.

I had read about things like this. Was it the herbs and spices? Was I a witch and didn't know it? He told me what to put in!

I did not tell my parents. I didn't mention anything until about four years later when my mother was preparing a corned beef and asked me to help since the one I had made with Clinton was so etched in her memory. I burst into tears and admitted my guilt.

"But, honey," she said gently, "we're all still here."

Freed from the fear that I could kill with food, I became entranced with the notion that we had a "white witch" in Coventry who designed and grew fantastical herb gardens. In fact, my art teacher was a longtime friend, and several of my school friends were her granddaughters, one of whom



Illustration, Mary Azarian

# Kitchening!



worked closely with her.

Caprilands, the 'herb child' of Adelma Grenier Simmons was a magical place. Many types of gardens: Shakespeare (with all of the herbs mentioned in his myriad of works); a Silver garden, with herbs and medicinals in soft grey hues; an 'apothecary' garden, with those flowers and herbs that can heal: belladonna, tansy, St. John's Wort, foxglove and the like; and a very practical kitchen garden for which I was keenly interested.

We began going to Caprilands regularly, for both the lectures and the lunches, many centered around the Pagan calendar, but also celebrating holidays and observances with traditional Celtic and European specialties. We also began a small herb garden (to the annoyance of my father who complained he would have to mow around it). Most of our perennial herbs we collected from Roger Logee (yes, one of those Logees) who secretly grew the herbs that Adelma sold at her shop.

Since then, I have never been without an herb garden within a dozen steps from my kitchen. Sage, thyme, and dill, French tarragon, chives, chocolate and apple mint, cilantro, rosemary, basil, and parsley. Some I dry, most I use fresh. Especially when it gets to dusk, and we're considering having a Julia Child omelet for dinner. Chives and parsley are the first ones I go out to gather.

Witchery. Oh, my yes. Without all of the women who planted and tended and shared through trial by error (and fire) throughout herstory, we could not make the magic that heals our bodies, but mostly our souls. For when you cook with herbs, you cook with love.

Mary Oliver

## RECIPE OF THE MONTH: APPLE COFFEE CAKE

*An old favorite from an old friend, this coffee cake remains a warming way to start an autumn morning.*

### Ingredients:

1 egg  
1 + 1/8 cups sugar  
1/2 + 1/8 cup corn oil  
1/2 tsp. vanilla  
1 1/2 cups flour  
1/2 tsp. baking powder  
1/2 tsp. baking soda  
1/2 tsp. salt  
3/4 tsp. cinnamon  
1/4 tsp. nutmeg  
1 1/2 cups sliced apples

### Topping:

1/2 cup sugar  
2 tbs. flour  
2 tbs. butter

Blend the sugar, oil and vanilla. Add and blend in the dry ingredients. Batter will be stiff. Stir in the apples. Pour into 8" x 8" pan, buttered and dusted with flour. Mix the ingredients for the topping together till crumbly and sprinkle over the top. Bake at 350 for 45 – 50 minutes.



Jimmy Charron



## THE LADY BEHIND THE QUILT

The Hampton Antiquarian and Historical Society is deeply privileged to house a growing collection of Hampton-provenanced items, textiles, ceramics, metal goods, and paper ephemera among them. As a living museum, these curated artifacts all contribute to a setting emulating the way a 19th and early 20th century home and boarding house would be furnished.

It was with piqued interest that the Society was recently contacted by the daughter of a long-time Hampton resident to inquire about the bequest of a quilt.

The resident, Lois Kelley; the bequest, made by her daughter, Daisy, of upstate New York.

Yes, indeed! – the Society was excited to receive the quilt. It is a large, comforting true beauty, a double-sided quilt with the log cabin design on the reverse, and squares on the obverse created by family, friends and acquaintances of Lois'. In many cases, the squares are embellished with the names or initials of the creator, as well as various applied patches from significant businesses and organizations of importance to both Lois and her husband, Robert.

Lois received the quilt squares with delight at Christmas of 1981, and assembly began in 1982 or 1983 by Lois and close friends. The quilt was named 'Sunshine' for the way the sun plays across its surface.

And who was Lois? She was most notably known as the first director of the Goodwin Conservation Center between the years of 1970 and 1986. She was affectionately referred to as 'Mother Nature' and known as one of Goodwin's integral and dearest friends. After her retirement, she brought her considerable knowledge to Old Sturbridge Village as a featured performer and interpreter for over 20 years. She eventually moved to Indian Lake, New York to be closer to family.

She never really left Hampton, though, as she was on the Hampton Gazette editorial board from 1995 to 2000. She contributed over 70 articles from 1978 to 1999, including one in the very first issue titled 'The Bear Truth', reporting on (then) rumored sightings. Lois contributed articles of historical interest, and answered questions about the flora, fauna and natural environment of Hampton.

Hampton photographer Pete Vertefeuille was influenced by both Lois and Robert throughout his entire life, even being convinced by Lois to give a photographic presentation of his works at the Conservation Center.

Lois herself was a published poet, writing the award-winning 'Elegy to a Wild Cherry'. She described it as the most difficult poem she would ever write, and it was as well her last written poem. It follows here:

## Elegy to a Wild Cherry

*The Choke Cherry is gone  
Cut by a beaver.*

*I miss the cherry*

*My calendar of the seasons*

*Before the new leaves strings of white flowers  
Followed in Summer*

*By small colorful berries*

*In Fall the leaves turned yellow*

*Announcing that time was coming*

*for the long winter rest.*

*A tree is more than a sum of its parts*

*With the flowers there are bees*

*With the fruits hordes of avian aerialists*

*eager to feed*

*I ponder how we were surprisingly alike,*

*the tree and I*

*Both products of nature*

*Each, in its own way "hibernating"*

*through the winter*

*And bursting with growth and activity*

*with warm weather*

*I miss the tree*

*But better,*

*Yesterday I saw a young shoot coming up*

*from the old roots.*

*I will not live long enough to see*

*my calendar again*

*But my grandchildren will.*

Lois W. Kelley

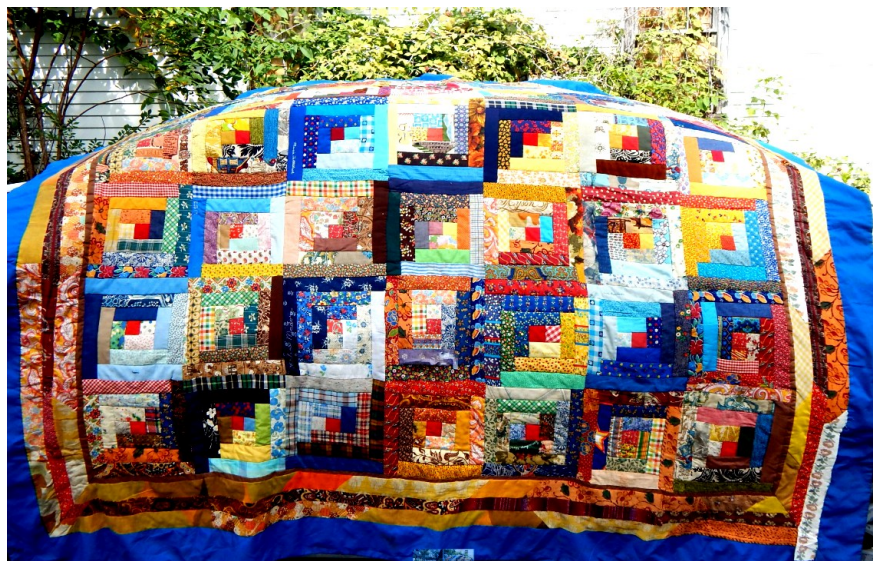
Lois passed on December 25th, 2018. Her daughter, Daisy, considered her passing on Christmas as a gift.

"I agree with Daisy," Jo Freeman said.

"Perfect timing for this diminutive dynamo of a woman."

Looking ever outward, at her passing Lois suggested donations be made to a local soup kitchen in her memory, or make a good soup to share.

June Pawlikowski Miller





## TOWN OF HAMPTON – LEGAL NOTICE

November 4, 2025, Municipal Election

The Electors of the Town of Hampton are hereby warned to meet at their respective polling place in said town on Tuesday, November 4, 2025, to cast their votes for the following offices:

- 1 First Selectman 2-year term
- 2 Selectman 2-year term
- 1 Town Clerk 2-year term
- 1 Town Treasurer 2-year term
- 2 Board of Finance members 6-year term
- 4 Board of Education members full 4-year term
- 2 Board of Education members to fill 2-year vacancy.
- 1 Board of Assessment Appeals member 4-year term
- 1 Planning and Zoning member 5-year term begins 2025.
- 1 Planning and Zoning member 5-year term begins 2026.
- 1 Zoning Board of Appeals member 5-year term begins 2025.
- 1 Zoning Board of Appeals member 5-year term begins 2026.
- 2 Constables 2-year term

Notice is hereby given that the location of the polling place is Town Hall, 164 Main Street, Hampton, CT.

Voting tabulators will be used. The polls will be opened at six o'clock in the morning (6:00 a.m.) and will remain open until eight o'clock in the evening (8:00 p.m.).

During the 14-day early voting period before said election, the hours of early voting will be as indicated below. Same-Day Registration (SDR) will be available during early voting and on Election Day.

### Early Voting Day: Hours

October 20 – 27, 29 & 31, 2025 – 10 a.m. to 6 p.m.

October 28 & 30, 2025 - 8 a.m. to 8 p.m.

November 1 - 2, 2025 - 10 a.m. to 6 p.m.

Dated at Hampton, CT, this 25th day of September 2025.

Kaye H. Johnson

Town Clerk

Town of Hampton

## PUEBLO DE HAMPTON – Aviso Legal

4 de noviembre del 2025, La Elección Municipal

Se advierte a los Electores del Pueblo de Hampton que se reúnan en sus respectivos lugares de votación en dicho pueblo martes, el 4 de noviembre de 2025, para emitir su voto para los siguientes cargos:

- 1 Director Municipal dos años
- 2 Concejal dos años
- 1 Secretario del Ayuntamiento dos años
- 1 Tesorero del Ayuntamiento dos años
- 2 Junta de Finanzas seis años
- 4 Junta de Educación termino completo cuatro anos
- 2 Junta de Educación para llena la vacante por dos anos
- 1 Junta Apelativa de Asesoramientos termino completo cuatro anos
- 1 Comisionado de Planificación y Zonificación para empezar en el 2025
- 1 Comisionado de Planificación y Zonificación para empezar en el 2026
- 1 Junta de apelación de las zonas para empezar en el 2025
- 1 Junta de apelación de las zonas para empezar en el 2026
- 2 Alquaciles dos años

Por la presente se notifica que la ubicación de los lugares de votación el día de las elecciones e l Ayuntamiento, 164 Main Street, Hampton, CT.

Se utilizarán tabuladores de votación. Las urnas se abrirán a las seis de la mañana (6:00 a.m.) y permanecerán abiertas hasta las ocho de la noche (8:00 p.m.).

Durante el período de votación anticipada de 14 días antes de dicha elección, el horario y el lugar de la votación anticipada serán los que se indican a continuación. La Registración del mismo día será disponible durante el periodo de votación anticipada y en el día de la elección.

### Día de Votación Anticipada: Horario

20-27 y 29, 31 de octubre de 2025: 10 a.m. a 6 p.m.

28 y 30 de octubre de 2025: 8 a.m. a 8 p.m.

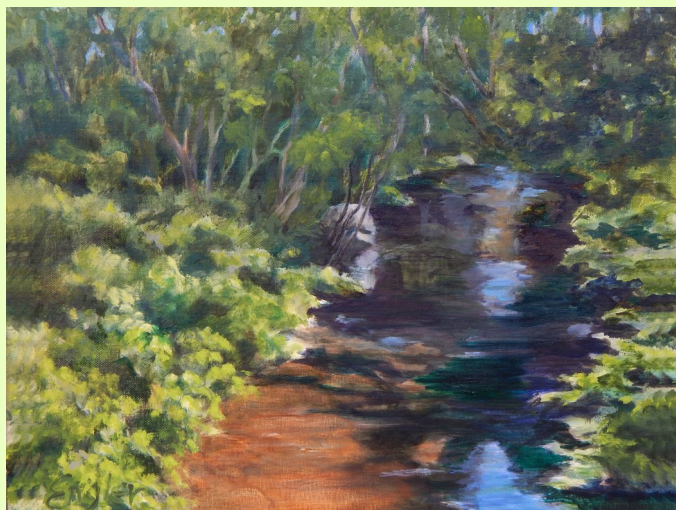
Del 1 al 2 de noviembre de 2025: de 10 a.m. a 6 p.m.

Fechado en Hampton, Connecticut, el 25 de septiembre de 2025.

Kaye H. Johnson

Secretaria del Ayuntamiento  
Pueblo de Hampton

**2026 CALENDARS** are available for order at Hampton's as well as notecards of your favorite Hampton places! Hampton artwork by local artists, get one for yourself, your friends, your kitchen, your living room, maybe even the garage! And you sure can't plan your day without one in the bathroom! To order contact: 959.242.4442 or via email: hamptongazette@yahoo.com.



**CONTRIBUTORS:** Mary Albro, Garry Brown, Mark Davis, Hampton DTC, Beth DesJardin, Fran Gustavesen, Kaye Johnson, Andrea Kaye, Madeline Oberempt, Petitioning Candidates, Michelle Racz, Hampton RTC, Victoria Smith, Janice Trecker. **PHOTOS:** page 9, courtesy of the artist; page 10, Juan Arriola; page 11, Hampton Remembers the 2nd Half of the 20th Century; page 12, 14, and 17 Juan Arriola; page 17 courtesy of the Worcester Telegram.

## BUSINESS DIRECTORY

### NIKKO OIL, LLC

High Quality Heating Oil & Dyed Kerosene

**ORDER ONLINE**  
**NIKKOOIL.COM**

**860.822.1188**  
**860.564.9746**

Accepting...  
ACCESS & TVCCA



Low COD Prices  
Senior & Large Quantity  
Discounts

HOD #1089 Canterbury, CT



**WEDDINGS - BRIDAL SHOWERS - BABY  
SHOWERS - REUNIONS - ANNIVERSARIES -  
HOLIDAY PARTIES AND MORE...**

CALL OR EMAIL US TODAY  
860.377.4816 or stonehursthv.com



119 Providence Tpke, Hampton CT • [www.stonehursthamp顿valley.com](http://www.stonehursthamp顿valley.com)

# SUPPORT LOCAL!

The Hampton Gazette  
PO Box 101  
Hampton, CT 06247

PRESORT  
MARKETING MAIL  
US POSTAGE PAID  
WILLIMANTIC CT  
PERMIT NO 37



**Judy & Richard Schenk**  
46 Old Kings Highway  
Hampton, CT 06247  
860-455-9654  
brightacresfarmct@gmail.com

**Bright Acres Farm**  
**SUGAR HOUSE**  
HAMPTON, CT

Self-Serve Stand  
Open 7 Days a Week  
Maple Syrup  
Maple Products • Eggs

Find us on Facebook @BrightAcresFarmSugarHouse

**DONAHUE GENERAL  
CONTRACTORS**  
RESIDENTIAL ♦ COMMERCIAL  
PROVIDING QUALITY AT A COMPETITIVE PRICE  
SINCE 1954

Excavation Specialist ♦ Underground Utilities  
Grading ♦ Land Clearing ♦ Demolition  
Driveways ♦ Drainage ♦ Site Work  
New Septic Systems & Repairs  
*Licensed and Insured*

P: 860.423.0618 / F: 860.455.9670  
office@donahuegc.com  
93 Windham Road  
Hampton



**LIVING YOUR BEST LIFE**  
Robin Thompson, RN  
Integrative Health Coach  
Mindfulness Teacher  
Seasonal Workshops & Events

[www.eastandwestoftheriver.com](http://www.eastandwestoftheriver.com)  
860.942.9046

**DAVE GARCEAU  
EXCAVATING, LLC**  
**FREE ESTIMATES - FULLY INSURED**

- Video Pipe Inspection
- Septic Inspection
- Driveways
- Trenching
- Septic Systems
- Oil Tank Removal
- Drainage
- Site Work



**860-455-0432**  
d.bgarceau@yahoo.com  
Chaplin, CT Lic. 005261/564902

Keeping our community  
warm since 1930



**POTTER'S**  
Oil Service, Inc.

Oil Fuel, Propane Cooking Fuel  
& Heating System Services

**860.423.1684**